

Lead with P.A.C.E. to Navigate Uncertainty with Confidence

A simple adaptive sensemaking tool to stay grounded, reduce assumptions, and choose aligned action in moments of change.

STEP 1



Pause & Presence

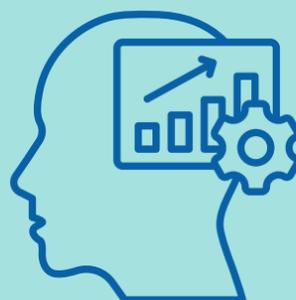
Interrupt the autopilot reaction and come back into your body.

- Take one grounding breath
- Notice what's happening inside you (emotion, tension) and around you (facts, tone, timing)

STEP 2

Separate what you know from what you're assuming.

- Name the facts vs. the story your mind is creating
- Identify what information is missing and what you need to clarify



STEP 3



Clarify Intent & Priorities

Decide who you want to be and what truly matters in this moment.

- Define the real priority and desired outcome.
- Align with your values, your team, and purpose of the work.

STEP 4

Choose the next grounded step that reflects clarity and values.

- Choose a response that moves the work forward.
- Communicate or act with intention.

