

Your 2025 Story (MadLib Style) - Fill-In-The-Blanks

This year asked me to grow in ways I didn't exactly sign up for.

My biggest lesson?

I found

every time I had to navigate another

These real-life left turns asked me to slow down, breathe, and rethink my pace.

What helped me stay grounded were tiny things like creating space for more:

Fewer obligations disguised as 'shoulds,' and a surprising amount of:

There were also the people who supported me when I needed it most.

They brought:

Their presence felt like an anchor when life was rearranging itself without warning.

I relearned that:

Next year, I'm calling in more:

And more moments that feel like:

Here's to stepping into a version of myself who: